

↓ Taktschlag / Beat

x Zwischenschlag / Offbeat

Rhythmus / Monoton Exercises

The image displays eight rows of rhythmic exercises, each on a five-line staff. The time signatures are indicated on the left of each row: 2/2, 2/4, 3/4, 4/4, 6/4, 6/8, 9/8, and 12/8. Each exercise consists of a sequence of notes and stems. Downbeats are marked with a downward-pointing arrow (↓) above the staff. Offbeats are marked with an 'x' above the staff. The exercises are designed to be monotonous, focusing on rhythm and timing.

